



EUROARM
POLAND-KATOWICE 2017

XXVII EUROPEAN ARMWRESTLING CHAMPIONSHIP
XX EUROPEAN PARA-ARMWRESTLING CHAMPIONSHIP
14-21 MAY

euro2017.waf-armwrestling.com

The European Armwrestling Federation (EAF) would like to officially invite you as an EAF member country to attend the **27th European Armwrestling Championship** and **20th European Para-Armwrestling Championship** which will be held in Katowice, Poland from 13th of May to 21st of May 2017.

2017 European Armwrestling & Para-Armwrestling Championship will be hosted by the Polish Armwrestling Federation represented by Mr. Igor Mazurenko as the President. The Federation is prepared to receive over 800 competitors from over 30 participating countries.

Teams are expected to make arrangements with the organizers for receiving VISA's for each member of their team if necessary. Once your visa has been approved, you need to contact the Polish organizing team to make the arrangements for transportation and accommodation.

You will find all the information you need in this package, if you need more information please contact us at mircea@waf-armwrestling.com.

Deadlines:

	latest
Start date for the online registration:	20 March 2017
Visa application:	02 April 2017
Hotel reservation:	30 April 2017
End of online registration:	30 April 2017
Para-Armwrestling Classification files:	30 April 2017

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SCHEDULE OF EVENT

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■ Saturday, May 13, 2017

- All day Team arrivals

■ Sunday, May 14, 2017

- Team arrivals
- 09:00 a.m. Novotel Team Registration
- 12:00 a.m. Novotel Classification Seminar

■ Monday, May 15, 2017

- 09:00 a.m. Novotel Weigh-in: Juniors 18, Youth 21, all Master classes
- 09:00 a.m. Novotel Classification & Weigh-in: Disabled Athlete Evaluation & Classification
- 10:00 a.m. Katowice Referee Seminar
- 05:00 p.m. Novotel Technical Meeting
- 06:30 p.m. Novotel Congres Meeting

■ Tuesday, May 16, 2017

- 9:00 a.m. Venue Opening Ceremonies (Teams Presentation)
- 09:30 a.m. Venue Qualification LEFT ARM: Juniors 18, Youth 21, all Master, Grand Master, Senior Grand Master
- 04:30 p.m. Venue Finals, awards
Anti-doping

■ Wednesday, May 17, 2017

- 09:00 a.m. Venue Qualification RIGHT ARM: Juniors 18, Youth 21, all Master, Grand Master, Senior Grand Master
- 04:30 p.m. Venue Finals, awards
Anti-doping

■ Thursday, May 18, 2017

- 09:00 a.m. Venue Weigh-in: Senior
- 09:00 a.m. Venue Qualification LEFT ARM: Disabled Junior & Senior
- 11:30 a.m. Venue Finals, awards (Left arm: Disabled)
- 12:00 p.m. Venue 2nd Referee Seminar
- 02:30 p.m. Venue Qualification RIGHT ARM: Disabled Junior & Senior
- 04:30 p.m. Venue Finals, awards (Right arm: Disabled)
Anti-doping

■ Friday, May 19, 2017

- 09:00 a.m. Venue Qualification LEFT ARM: Seniors
- 04:30 p.m. Venue Finals, awards
Anti-doping

■ Saturday, May 20, 2017

- 09:00 a.m. Venue Qualification RIGHT ARM: Seniors
- 04:30 p.m. Venue Finals, awards
Anti-doping
- 09:00 p.m. Venue Closing Ceremonies

■ Sunday, May 21, 2017

- All day Teams departure

CHAMPIONSHIP

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WEIGHT CLASSES AND AGE GROUPS:

JUNIOR 18 Left & Right hand (1999, 2000, 2001 ...):

- Boys – 50, 55, 60, 65, 70, 75, 80, +80 kg
- Girls – 45, 50, 55, 60, 65, 70, +70 kg

YOUTH 21 Left & Right hand (1996, 1997, 1998):

- Men – 55, 60, 65, 70, 75, 80, 85, 90, +90 kg
- Women – 50, 55, 60, 65, 70, +70 kg

SENIORS Left & Right hand (all ages):

- Men – 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, +110 kg
- Women – 50, 55, 60, 65, 70, 80, +80 kg

MASTERS (40 years and older) Left & Right hand (1977, 1976, 1975 ...):

- Men – 70, 80, 90, 100, +100 kg
- Women – 60, 70, 80, +80 kg

GRAND MASTERS (50 years and older) Left & Right hand (1967, 1966, 1965 ...):

- Men – 75, 90, 100, +100 kg
- Women Open

SENIOR GRAND MASTERS (60 years and older) Left & Right hand (1957, 1956, 1955 ...):

- Men – 75, 90, 100, +100 kg
-

DISABLED CLASSES:

Physical Impairment athletes (PID – sitting) Left & Right hand:

- Men: 55, 65, 75, +75 kg
- Women: 65, +65 kg

Physical Impairment athletes (PIU – standing) Left & Right hand:

- Men: 60, 70, 80, 90, +90 kg
- Women: 65, +65 kg
- Junior 18 boys: 55 kg, +55 kg
- Junior 18 girls: 50, +50 kg

Visual impairment athletes (VI – standing) Left & Right hand:

- Men: 60, 70, 80, 90, 100, +100kg
- Women: 60, 70, +70 kg

Hearing impairment athletes (HI – standing) Left & Right hand:

- Men: 60, 70, 80, 90, 100, +100kg
- Women: 60, 70, +70 kg

AGE GROUPS

...- 2000, 1999	1998 – 1996	all ages	1977 – 1968	1967 – 1958	1957, 1956 – ...
Juniors 18	Youth 21	Seniors	Masters	Grand Masters	Senior Grand Masters

CHAMPIONSHIP

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TEAM TROPHIES for the EUROPEAN ARMWRESTLING CHAMPIONSHIP:

- Over all (all classes except disabled classes)
- Junior Women and Men (Junior 18 and Youth 21 classes)
- Masters Women and Men (Master, Grand Master and Senior Grand Master classes)
- Senior Women and Men (Senior classes)

TEAM TROPHIES for the EUROPEAN PARA-ARMWRESTLING CHAMPIONSHIP:

- Overall Women (all classes for women)
- Overall Men (all classes for men)

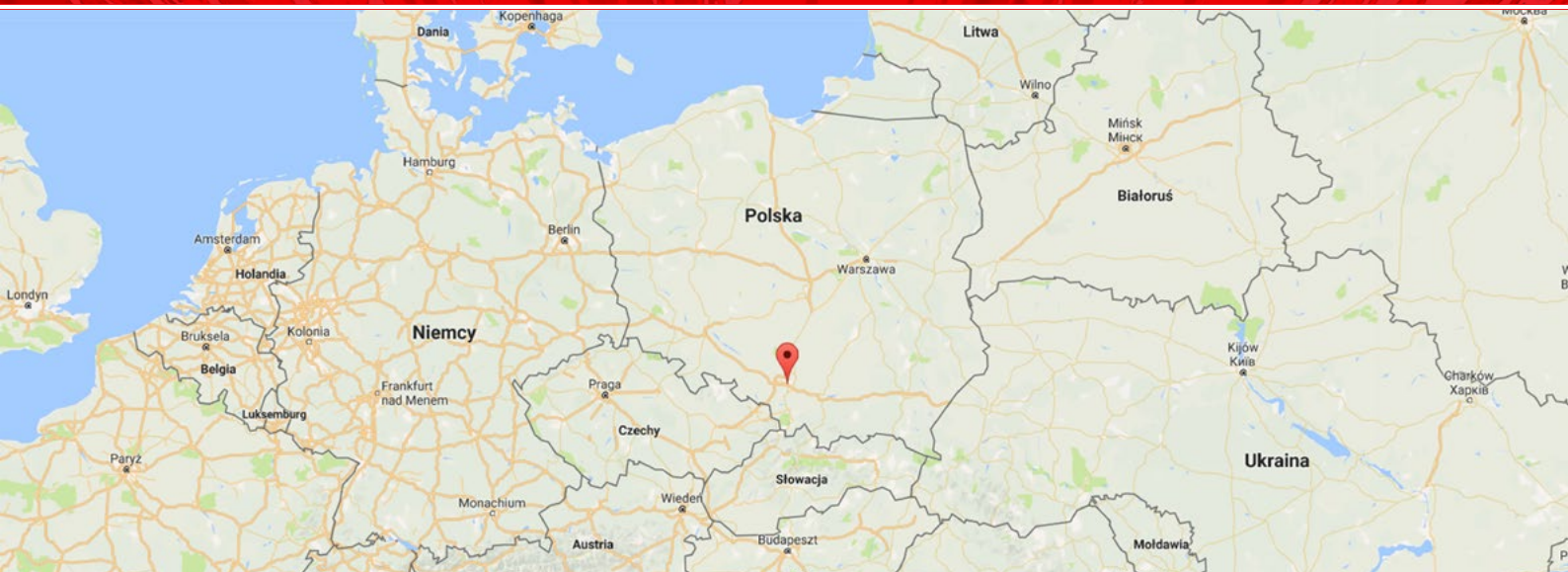
POINTS DISTRIBUTION:

The team classification will be made, according with the approved pointing system (WAF 2016), based on the number of Gold, Silver and bronze medals. In case that two teams have the same number of gold, silver and bronze medals the position of the two will be established by the following pointing system:

1 st place	=	10 points
2 nd place	=	7 points
3 rd place	=	5 points
4 th place	=	4 points
5 th place	=	3 points
6 th place	=	2 points
7 th place	=	1 points

TRAVEL INFORMATION

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Poland has achieved a „very high” ranking on the Human Development Index, as well as improving economic freedom. Poland is a democratic country, which was categorised by the World Bank as having a high-income economy, and is ranked in the top 30 for standard of living. Furthermore, it is visited by approximately 16 million tourists every year (2014), which makes it the 16th most visited country in the world. Poland is the eighth largest economy in the European Union and among the fastest growing European economies. According to the Global Peace Index for 2014, Poland is ranked 19th in the list of the safest countries in the world to live in.

■ Currency - Złoty (PLN) ■ 1 EUR = 4,3 PLN ■ Time zone - CET (UTC+1) ■ Calling code - +48
■ www.poland.pl

GET IN

By plane

Travelers by plane can arrive at Katowice International Airport (KTW), known also as Pyrzowice. The airport is 34 km (21 mi) from the city center.

Regular services include: LOT Polish Airlines, Germanwings, Lufthansa, Ryanair, Wizzair. There is a possibility to arrange transfer from KRAKOW to KATOWICE. Transfer price is 20 Euro / person one way (40 Euro / person both ways)

By train

You can arrive by train directly from Vienna, Budapest, Kiev, Berlin, Ostrava, Prague, Bohumin, Bratislava, Zilina, Hamburg, Moscow, and Minsk.

By bus

Long-distance bus services will arrive at Dworzec Autobusowy Katowice (sometimes abbreviated as D.A. Katowice or PKS Katowice) at Piotra Skargi 1 Street

By car

Katowice is well-connected to Poland's highway network, and serves as an important cross-roads city. Katowice lies on the important A4 motorway (E40), and also linked from the south by the A1 motorway.

VISA INFORMATION

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To get the invitation for European Armwrestling Championship 2017 - Poland, Katowice please send an email to: anna@mazurenko.pl

Countries who needs visa to visit Poland:

www.msz.gov.pl/en/travel_to_poland/entering_poland

THE FOLLOWING EUROPEAN / EURO-ASIAN COUNTRIES NEED VISA FOR ENTERING POLAND - EU STATE

VISA NEEDED	VISA WITH EXCEPTIONS
ARMENIA	ALBANIA*
AZERBAIJAN	BOSNIA & HERZEGOVINA*
BELARUS	MACEDONIA*
GEORGIA	MOLDOVA*
RUSSIA	SERBIA**
TURKEY	
UKRAINE	

* except Biometrical Passport holders

** except "Koordynacyjna Uprawa" Passport holders

All participants who need an entry visa, are kindly asked to send request and copy of the passport **before 14th of April 2017**. After this date the host cannot be made responsible for visa formalities and extra processing fees may apply.

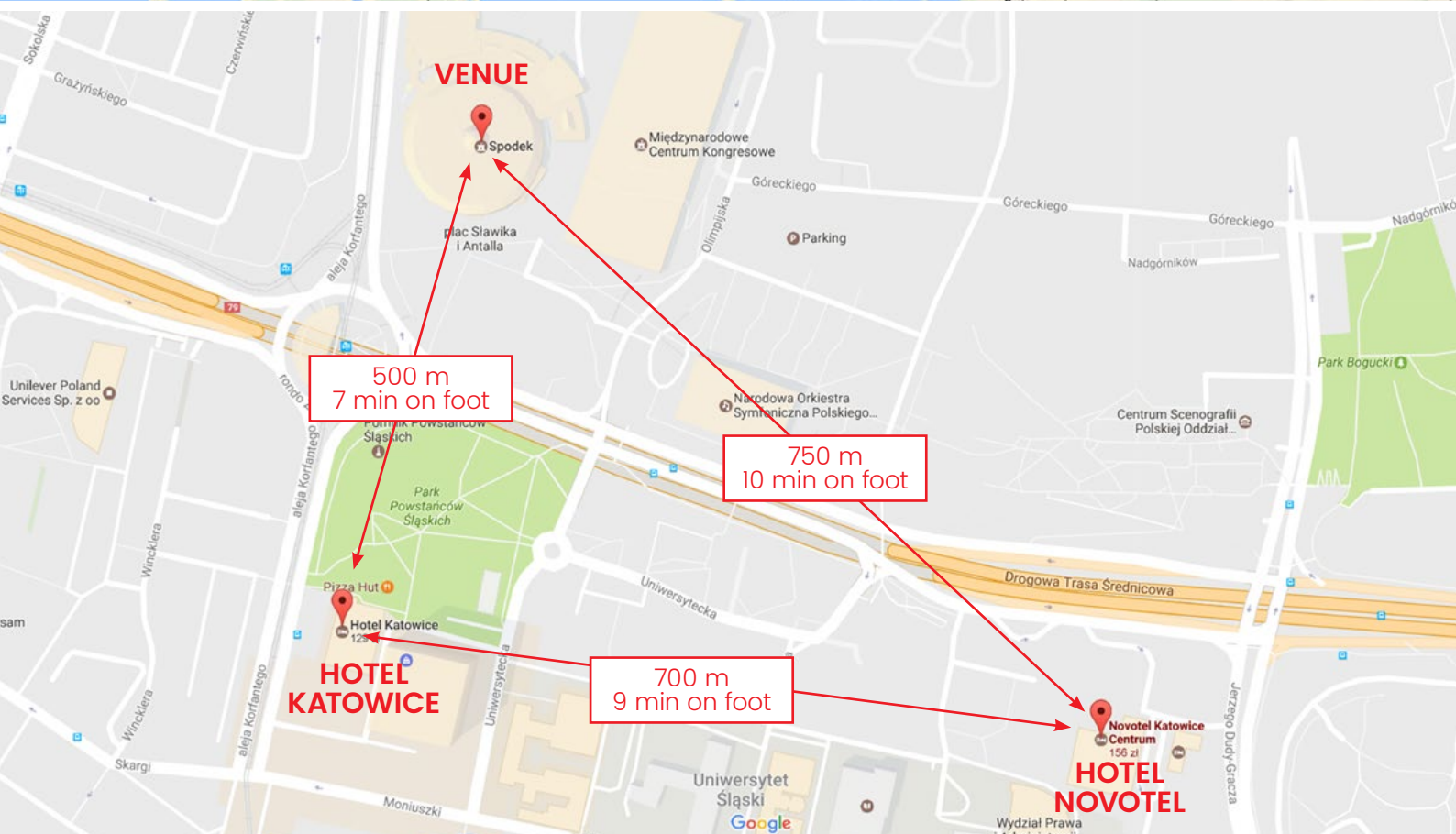
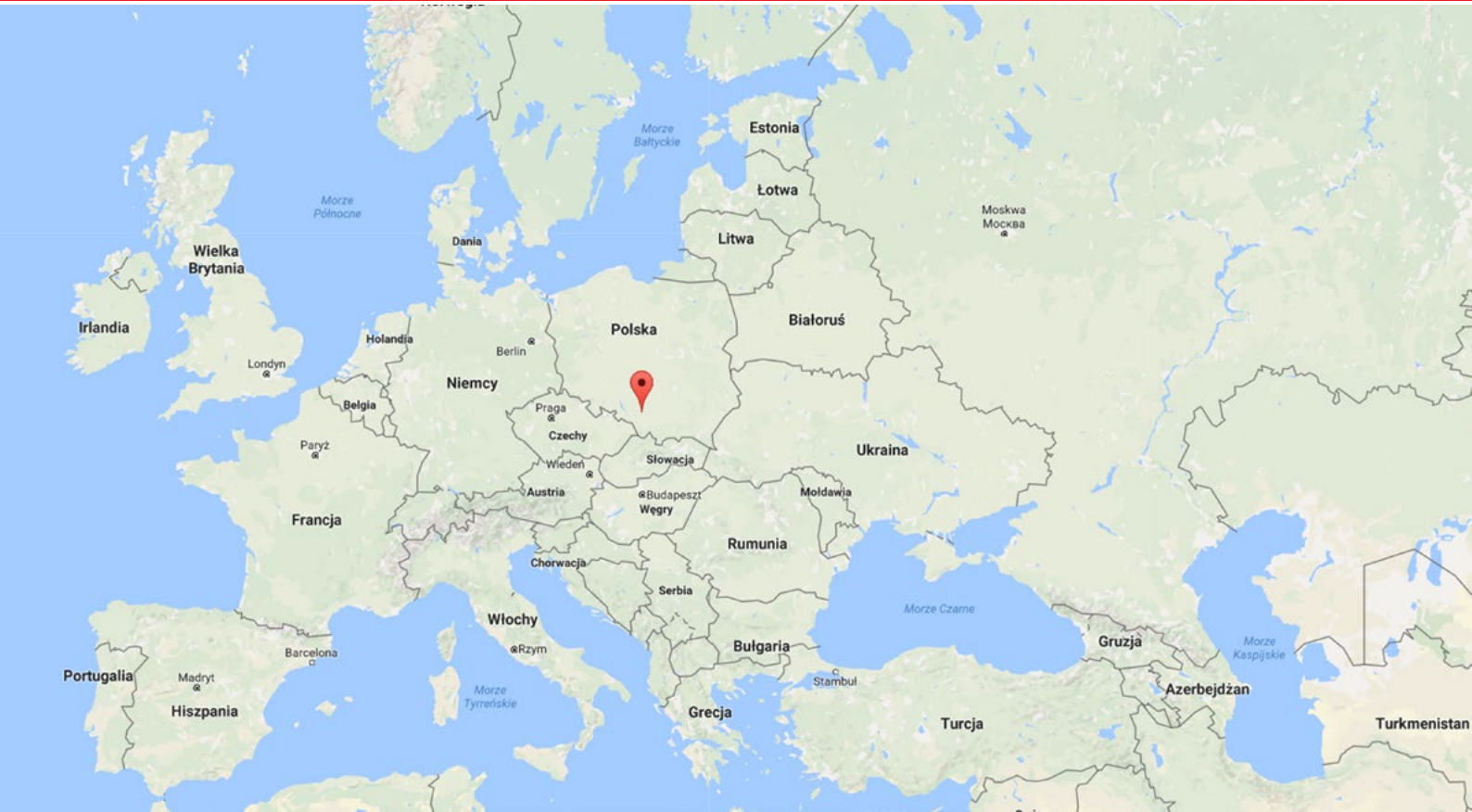
All [visa applications](#) should be sent to anna@mazurenko.pl

Mobile: +48 603 55 48 55 (English, Russian, Polish)

Mobile: +48 601 61 24 00 (English, Russian, Polish)

LOCATIONS

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LOCATIONS

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„SPODEK” SPORTS AND ENTERTAINMENT ARENA

Poland, Katowice, Aleja W. Korfantego 35

www.spodekkatowice.pl

Access by car

Its perfect location near the A4 and A1 highways allows it to be easily reached from various places in Poland and all over Europe. Numerous car parks located near the Spodek ensure your convenience.

Access by train

How to get to the Spodek from the central railway station in Katowice:

- on foot in 15 minutes (2.5 km)
- by taxi from pl. Oddziałów Młodzieży Powstańczej or Młyńska Street
- by tram from the Katowice Dworzec PKP stop (lines T2, T11, T13, T23, T43) to the Katowice Rondo stop (8 minutes)

Access by bus and tram

The closest municipal bus and tram stops are Katowice Rondo, Katowice Spodek or Katowice Uniwersytecka.

Airline connections

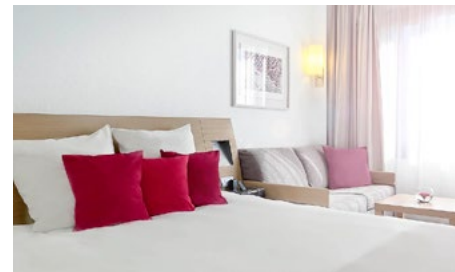
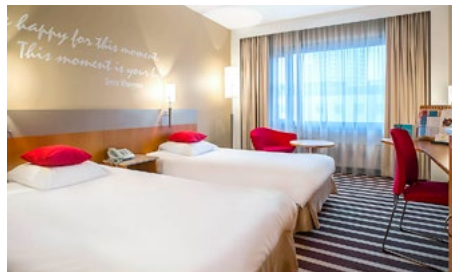
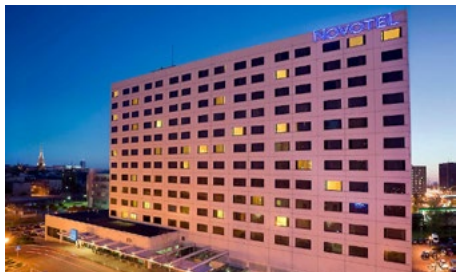
Spodek is located at a distance of 30 km from the International Airport of Katowice-Pyrzowice. It takes about half an hour to reach the airport by car. If you land in Pyrzowice, you can get to Spodek by taxi (price: c. 100 PLN) or bus (c.30 PLN). If you decide to go by bus, get off at the Katowice Sokolska stop (1 km from the building) or the Katowice Hotel Novotel stop (850 m from the building).

www.spodekkatowice.pl/en/contact/141

HOTELS

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NOVOTEL KATOWICE CENTRUM ****



al. Roździeńskiego 16
40-202 Katowice, Poland
www.novotel.com

Official hotel: team registration, classification, weigh-in, referee seminar, congress meeting

Reservations: h3377-re@accor.com, h3377-rel@accor.com, h3377-re2@accor.com

Password for reservations: **armwrestling**

Room prices:

- single room (breakfast included) – 58 EUR (247 PLN)
 - double room (breakfast included) – 65 EUR (277 PLN)
- PAYMENT 100% IN ADVANCE TO MAKE THE RESERVATION.

Reservations till: **31.03.2017**. After that date we can not guarantee free rooms. After that date the reservations will be made for available rooms only.

In that hotel: 60 single or double rooms.

Novotel Katowice Centrum offers:

- is located in the heart of the city
- 100% SMOKE-FREE HOTEL
- minibars
- free of charge internet access
- Accommodation and breakfast are free for 2 children under 16 years old
- Play area for children
- Healthy and balanced meals
- Room service
- NOVO2 lounge bar – NOVO Square lounge bar is a combination of a bar and a restaurant – a perfect place for rest, as well as business and social meetings. Our chef specialize in light and healthy cuisine that combines tastes from all over the world, including ecological, gluten-free and vegetarian dishes.
- Jacuzzi
- Gym
- Swimming pool
- sauna
- Massage offer

Services:

Web corner, Wifi free of charge, Car park 4 PLN / hour, 28 PLN / day, Online check-in fast check-out

More info:

- 1,5 km to Katowice Railway Station (about 5 minutes by car, about 15 minutes walking)
- 0,8 km to the Sports Hall SPODEK (about 3 minutes by car, about 10 minutes walking)
- Hotel in the City Centre
- 30 km to International Airport in Katowice Pyrzowice

HOTELS

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PARK HOTEL DIAMENT KATOWICE ****



Wita Stwosza 37
40-042 Katowice, Poland
www.hotelediament.pl/en/

Reservations: rezerwacja05@hotelediament.pl
Password for reservations: **armwrestling**

All hotel guests will receive free transport from hotel to the venue and from the venue to the hotel (2 transfers / day)

Room prices:

- single room (breakfast included) – 63 EUR (270 PLN)
 - double room (breakfast included) – 72 EUR (310 PLN)
- PAYMENT 100% IN ADVANCE TO MAKE THE RESERVATION.

Reservations till: **14.04.2017**. After that date we can not guarantee free rooms. After that date the reservations will be made for available rooms only.

In that hotel: 180 single or double rooms.

Park Hotel Diament offers:

- air-conditioned, well-appointed and comfortable rooms
- complimentary Internet access in the rooms and all hotel areas
- delicious cuisine in the Restaurant Atmosfera with a magnificent view onto the panorama of Katowice
- Golf Pub with state-of-the-art golf simulator
- Conference Centre with a capacity of 300 people
- Business Room with professional office equipment
- fitness room
- yoga classes for free (each Tuesday at 8:15 p.m.)
- spacious car park (35 PLN/day)
- cash machine
- Xbox
- Check-in time: from 2 p.m. on the day of arrival, check-out time: until 12 p.m. on the day of departure.

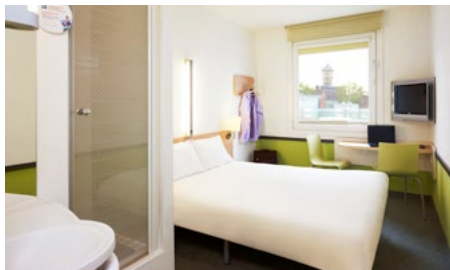
More info:

- 3 km to Hotel Novotel – Main hotel of the Championship (about 15 minutes by car, about 30 minutes walking)
- 1,5 km to Katowice Railway Station (about 5 minutes by car, about 15 minutes walking)
- 3 km to the Sports Hall SPODEK (about 15 minutes by car, about 30 minutes walking)
- 1 km to the City Centre
- 33 km to International Airport in Katowice Pyrzowice

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IBIS BUDGET KATOWICE CENTRUM



Al Roździeńskiego 18
40-202 Katowice, Poland

www.accorhotels.com/gb/hotel-6601-ibis-budget-katowice-centrum/index.shtml

Reservations: H6601-FO@accor.com

Reservations password: **armwrestling**

Room prices:

- single room (breakfast included) – 30 EUR (126 PLN)
 - double room (breakfast included) – 35 EUR (147 PLN)
- PAYMENT 100% IN ADVANCE TO MAKE THE RESERVATION.

Reservations till: **13.04.2017**. After that date we can not guarantee free rooms. After that date the reservations will be made for available rooms only.

In that hotel: 85 single or double rooms.

IBIS Budget Katowice Centrum offers:

- bright, comfortable rooms with shower and toilet
- wireless Internet access
- parking
- satellite TV
- all-you-can-eat breakfast buffet
- 50% off breakfast price for children between 3 and 12 years of age
- 24/7 access to a vending machine with snacks, hot and cold
- beverages
- pets in the room for an additional fee of PLN 20
- Parking place: car – 21 PLN / day, bus 100 PLN / day

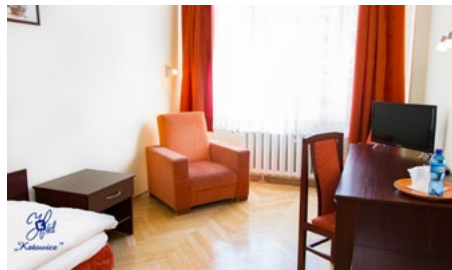
More info:

- Hotel in the City Centre
- Located at the Novotel Hotel – Main hotel Championships
- 1,5 km to Katowice Railway Station (about 5 minutes by car, about 15 minutes walking)
- 0,8 km to the Sports Hall SPODEK (about 3 minutes by car, about 10 minutes walking)
- 30 km to International Airport in Katowice Pyrzowice

HOTELS

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HOTEL KATOWICE ***



Al. Korfantego 9
40-951 Katowice, Poland
www.hotel-katowice.com.pl

Reservations: hotel@hotel-katowice.com.pl
Reservations password: **armwrestling**

Room prices:

- single room (breakfast included) – 40 EUR (168 PLN)
 - single room studio (breakfast included) – 69 EUR (290 PLN)
 - double room (breakfast included) – 61 EUR (256 PLN)
 - triple room (breakfast included) – 71 EUR (298 PLN)
- PAYMENT 100% IN ADVANCE TO MAKE THE RESERVATION.

Reservations till: **07.04.2017**. After that date we can not guarantee free rooms. After that date the reservations will be made for available rooms only.

In that hotel: 40 single, double or triple rooms.

Hotel Katowice offers:

- The „Katowice” Hotel located in the centre of Katowice, close to Spodek sports and events hall and MCK, offering easy access to the roads leading to Wrocław, Warsaw and Łódź.
- All comfortable rooms and studios are equipped with TV, Phone and Internet.
- All rooms are equipped with TV

The hotel also offers:

- restaurant – serving Polish and traditional Silesian dishes. In the morning you can enjoy a tasty breakfast,
- conference rooms,
- car rental,
- beauty salon
- car park.

More info:

- Hotel in the City Centre
- 0,9 km to Hotel Novotel – Main hotel of the Championship (about 5 minutes by car, about 5 minutes walking)
- 1 km to Katowice Railway Station (about 5 minutes by car, about 10 minutes walking)
- 0,5 km to the Sports Hall SPODEK (about 2 minutes by car, about 5 minutes walking)
- 30 km to International Airport in Katowice Pyrzowice

HOTELS

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HOTEL KATOWICE ** (economy)



Al. Korfantego 9
40-951 Katowice , Poland
www.hotel-katowice.com.pl

Reservations: hotel@hotel-katowice.com.pl
Reservations password: **armwrestling**

Room prices:

- single room (breakfast included) – 37 EUR (155 PLN)
 - single room studio (breakfast included) – 54 EUR (225 PLN)
 - double room (breakfast included) – 47 EUR (198 PLN)
 - double room studio (breakfast included) – 60 EUR (250 PLN)
 - triple room (breakfast included) – 59 EUR (248 PLN)
- PAYMENT 100% IN ADVANCE TO MAKE THE RESERVATION.

Reservations till: **07.04.2017**. After that date we can not guarantee free rooms. After that date the reservations will be made for available rooms only.

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- 30 km to International Airport in Katowice Pyrzowice

TEAM REGISTRATION PROCEDURES

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ON-LINE Registration

Team Registration will be made before the championship ONLY ON-LINE at <http://registration.waf-armwrestling.com>

The on-line registration will be open on 20th of March 2017 and will close on 30th of April 2017.

Team registration at Championship

Novotel Hotel – 9:00, 14th May 2017

Team representing person:

Only one person will register their team.

The Representative will bring final Team Registration form, stamped and signed.

EAF Representative will then:

Accept Registration Form,

Accept Individual Registration fees

Accept Country Registration Fee

Prepare Official Receipt

Give the Weigh-in tickets needed by athletes at weigh in.

All teams are obliged to fill online registration (<http://registration.waf-armwrestling.com>) form and send their registration forms (PDF file) to the General Secretary of EAF until 30th of April 2017. The registration order depends on the first online registration time if the registration form (PDF file) was sent to the General Secretary.

Multiple entries registration:

Juniors 18 years cannot register in Youth 21 year classes.

Juniors 18 years can register in Seniors classes.

Juniors 21 years can register in Seniors classes.

Masters cannot register in Grand Masters or Seniors Grand Masters classes.

Masters, Grand Masters and Senior Grand Masters can register in Seniors classes.

Disabled athletes can register in any able athlete's classes.

Fees paid due wrong registration of multiple entries will not be refunded.

Fees:

Annual membership:	200 Euro / member
Senior fee:	30 Euro per class per hand
Junior fee:	15 Euro per class per hand
EAF license:	5 Euro per athlete

WEIGH-IN PROCEDURES

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1st Weigh-in Monday 15th May 2017, 09:00 at Novotel Hotel (all juniors, all masters, all disabled).
2nd Weigh-in Thursday 18th May, 09:00 at the Venue (all seniors).

The **weigh-in order** depends on the receiving times of the registration forms. A schedule will be available 7 days before the weigh-in.

The first received registration form receives the right to be first at the weigh-in and so on.

Team Captain will be present with the Team to answer any questions.

Each competitor will have the passport or ID with picture. Birthday and citizenship should be deductible from those documents.

Each team captain will prepare the team for weigh-in in the following order:

Ladies 50, 55, 60 kg and continue...

Men 55, 60, 65 kg and continue...

Please note:

If a competitor does not make weight, they have until 15:00 to make weight.

A test scale will be made available for competitors.

A competitor only has two shots at official weigh-in scale.

A competitor may only weigh-in between other countries.

A competitor may weigh-in to their normal weight or register one weight class higher.

Official Event Badges:

Once the competitor has weighed-in, they will have a picture taken for their Official Competitor Badge.

The competitor can then leave the Weigh-in area.

The Team Captain will wait until all the team pictures will be taken.

Once the full Team is completed the Team Captain will receive all competitor badges at the evening of the weight in day.

Any Team Officials (Referee, Presidents and Coach) with a Country must be present at Weighin to have photo and badge prepared. Badges must be worn all the time during competitions days.

WEIGH-IN PROCEDURE FOR ATHLETES

1. Photocopy Passport / ID.
Each competitor must have at weigh in:
 - a. Original passport + copy
 - b. Weigh-in ticket received at Team Registration
2. Undress before weighing (if necessary)
3. Weigh-in
4. Go to free computer for photo
5. Take photo, look in the camera
6. Dress and you are good to go
7. The badges will be distributed by Team Captains

CLASSIFICATION FOR DISABLED ATHLETES

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!!!!!! PLEASE SEND ALL DOCUMENTS UNTIL 30 APRIL 2017.

ATHLETES WHO DON'T SEND DOCUMENTS UNTIL 30 APRIL WILL NOT BE PERMITTED TO COMPETE AT THIS CHAMPIONSHIP !!!!

WAF Classification Code

4.4.6. The Athlete must attend Athlete Evaluation with all relevant medical documentation (in English or with a certified English translation), including but not limited to medical reports, medical records and diagnostic information, which relate to the Athlete's Impairment.

- The classification and weigh-in will be held on Monday 15 May 2017 starting 09:00 at the Novotel Hotel.
- It is the responsibility of the teams that athletes who have to be classified arrive in time for the classification session.
- Classifiers will not accept in the schedule teams arriving on classification day.
- Classification will only be held for official participants of the championship.
- For athletes that need to be classified, a medical intake form, translated in English, is mandatory. It must be emailed to the chief classifier by **30th of April 2017** at classification@waf-armwrestling.com
- Should this information not be submitted by email before this date, the athlete will not be classified and therefore, will not be eligible to participate in the Championship.
- There will be only 1 panel of VI classifier. In case of protest, there will not be possible to have a new classification on place. It would be done on another event with a VI classification session.

CLASSIFICATION TRAINING

Sunday 14th of May 2017, 12:00 p.m. at Novotel Hotel – Training, testing and certification. The course is open to any interested person with a medical or physiotherapy/ sports Science backgrounds who wish to become classifiers. Trainee classifiers who wish to complete their International Classifiers training will be required to attend other WAF competitions. Coaches and other trainers who are interested in classification may attend for information and education purposes.

Organizers:

Miasto Katowice

European Armwrestling Federation

Asen Hadjitodorov – EAF President (English, Russian)

asenhdj@mail.bg

Phone: +359 888 968 541

Mircea Simionescu-Simicel – EAF General Secretary (English)

mircea@waf-armwrestling.com

Phone: +40 746 222 229

www.eaf-armwrestling.com

Federation Armwrestling Poland

Okrzei Street 18/7

81-245 Gdynia, Poland

Office:

Phone / Fax: + 48 58 621 93 08 (English, Russian and Polish speaking)

e-mail: armwrestling@world.pl

Anna Mazurenko (English, Russian and Polish speaking):

Phone / Fax: + 48 603 55 48 55

e-mail: anna@mazurenko.pl

Marcin Mielniczuk (English, Russian and Polish speaking):

Phone / Fax: + 48 601 612 400,

e-mail: marcin@mazurenko.pl